



*Respect, Belonging and Engagement in Learning*

## Leadership News

I just wanted to give a big THANK YOU to all the families who supported our school by fundraising for our Colour Run. As a school we have earned \$9,100. Our top three student fundraisers were:

1. Stefan Rm 44
2. Declan Rm 34
3. Lauchlan

And the top three classes were:

1. Ms Courtney Rm 44
2. Miss Campbell Rm 46
3. Miss Jasmine Rm 10

It was great to come together as a school community and enjoy an afternoon full of colour and smiles!



This year the focus of National Reconciliation week is 'Be Brave, Make Change.' Reconciliation Week means we acknowledge Australia's history and learn more about the culture and history of Aboriginal and Torres Strait Islander people. To show our support and action, we will be having a Reconciliation March around our school. We encourage all children to wear colours of the Aboriginal flag – yellow, red and black – on Monday May the 30<sup>th</sup>. Thank you for your support in this event – we walk together.



Congratulations to all the students who sat the NAPLAN test over the last two weeks. Although there was some statewide internet issues, our students persisted and showed resilience, completing all of their tests.

This week we replaced our old bells with musical ones. They will play a range of music in the morning, at break times and in the afternoon. Hakuna Matata!

Our school attendance rate is usually at 93% but it is currently down to 88%. We know that some of our students are sick and a few have had covid, however if your child is well, it is important to send them to school every day. As the weather gets colder, I encourage everyone to dress warmly and continue washing their hands regularly to stay healthy.

**Dates to  
Remember**

**2022**

**Term 2**

**25 May–1 June**

Reconciliation Week

"more than a word"

**Week 5**

**Monday, 30 May**

Reconciliation March

**Tuesday, 31 May**

Sean Choolburra

Aboriginal Performer

**Thursday, 2 June**

Dream It

Years 5/6

**Week 6**

**Thursday, 9 June**

Dream It

Years 5/6

**Friday, 10 June**

**PUPIL FREE DAY**

Principal

Mrs Cherie Collings

Deputy Principal

Mr Sam Konnis

Assistant Principal

Mrs Toula Girgolas

The Pines School

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## Academic Competitions at The Pines School

Did you know that there are opportunities for students at The Pines School to enter academic competitions?

These include the Maths Olympiad, the Governor's Civics award and Tournament of the Minds.



We already have 60 students from Year 3-6 participating in the **Maths Olympiad** competition this year. Participating students attend Olympiad training every two weeks at the school and compete in five competitions throughout the year. Students develop their maths problem solving skills to help them solve complex maths questions.

This year we are also offering students the chance to enter the **Governor's Civics award**. This is an opportunity for students in Year 5 and 6 who want to develop their research, History and Civics skills. Students can enter this competition as an individual or as part of a team. Entries need to be completed by mid-September.



Applications have just opened for the **Tournament of the Minds** competition. This is a national challenge where students in Year 5 and 6 work collaboratively in teams of 7 to solve demanding, real-world problems. Students then perform their creative solutions in front of judges at Flinders University, Tonsley. Students involved in this program develop their research, thinking, creativity, leadership, and problem-solving skills. Training is held after school, during break times and lesson times leading up the presentation day in mid-September.

Last year was the first year The Pines School participated in this competition and students took home honours after a successful first attempt. Students involved last year look forward to being leaders in the teams this year, using what they learned in 2021 to help develop their skills further with some new students.

If you would like more information about these competitions, please contact Sonia Magon.





# WELLBEING CORNER



## Seasons for Growth Children and Grief



When a child is grieving it is natural to want to support them. Yet, we often feel very uncertain about how best to do so. Perhaps you feel uncomfortable about discussing loss and grief, worried whether your child's behaviour is normal, and unsure what you can do to help. This factsheet offers some guidance for adults (parents, carers, relatives, teachers and others) to help you support a child who is grieving and nurture them to grow through the experience.



### What is grief?

Grief is the human response to change and loss in our lives, such as the death of someone we love, parental separation or other major change. It is a natural and normal response, which has a physical impact on our bodies as well affecting our emotions and our thinking. Grief challenges the way we think about ourselves and the world, and influences our spirituality and relationships.

### How do children express grief?

Like adults, children express grief in unique and personal ways. This can be influenced by a child's age and understanding of the loss, but also by other factors such as their character, situation or experience. Some children may openly express their hurt, while others may withdraw. Many children also dip in and out of grief, alternating between grieving and more playful behaviour. It is important to remember that grief is a normal and natural response and that there is no right or wrong way to grieve. Some (not an exhaustive list) of the reactions children may experience:



#### Emotions that children may feel ...

- May be anxious, fearful, fretful and sad
- May be angry, frustrated or disillusioned
- May try to mask their feelings to 'save' or 'help' adults around them

#### Thoughts that children may have ...

- May have unrealistic thoughts about their loss
- May try to recreate 'what was' before their loss
- May blame themselves
- May have frightening thoughts or worry about the future

#### Behaviours that children may show ...

- May regress to younger behaviours
- May 'lash out' at family, friends or teachers or 'act out' in anger
- May be overly clingy or uncooperative
- May try to be overly helpful and cheerful

#### Physical reactions that children may experience ...

- May be tired, distracted and unable to concentrate
- May have stomach aches and headaches





# WELLBEING CORNER



Recently Ms. Caroline and I both had the opportunity attend 'Seasons for Growth' training, which is an educational program that supports children with grief, loss and major changes in their lives.

This program uses the change of seasons as a metaphor to the stages of grief. It builds the knowledge and skills that are needed to strengthen social and emotional wellbeing following significant loss.

We are hoping to provide a safe space for students to come together and share their experiences of change and loss and teach them effective ways to respond and act. We will do this through a range of activities such as role play, drawing, building, music and journaling.

When we think of grief and loss, we often connect it with death. Please be aware that there also other types of loss that we can support through Seasons of Growth' such as:

- \* Divorce
- \* Separation
- \* Moving house
- \* Changing schools
- \* Illness/ loss of health

We would like to facilitate training for a small group of students in Term 3. It is an 8 week program with a final week celebration, and would occur once a week. We will ensure that the lessons are always at different times throughout the week to ensure minimal loss of learning time.

If you think your child would benefit from this program or would like more information, please feel free to contact me, Christin Valley, via class dojo or by phone. We look forward to hearing from you.

Christin Valley  
Wellbeing Leader

## CANTEEN VOLUNTEERS WANTED

Sue our Canteen Manager is looking for **parents** who would like to volunteer to work in the our school Canteen.

If you are interested, please see Sue in the Canteen.



# Room 1

In the picture book *Windblown*, colourful and oddly shaped scraps of paper blow in the wind. One by one, they take shape, transforming into animals.

Can you guess what animals the students in Room 1 have made from their scraps of paper?





## Maths in Room 2

Here is a snapshot of Room 2 students' sorting work.

The children sorted different items such as ribbons, seed pods, figurines, metal objects and buttons. Once they sorted them, they had to look more closely to find other ways to sort them.

They noticed features such as: colours, shapes, textures, purpose and sizes.

We have been investigating when and where we sort, in the classroom and in our homes.



## History in Room 2

This term in history we are learning about the past. We have been looking at old technology, old photos and artefacts to help us understand how things change over time. Here are some of the things that we wonder about the past.



# Student News Team

## COLOUR RUN 2022

Our Year 3, 4 and 5 student reporters Vansh from Room 35, Selena from Room 29 and new reporter Mausam from Room 34 report on the amazing colour run that took place at The Pines School last week.

**We would like to say a big thankyou to Mrs Valley, the SRC students and all the staff who helped organise, set up and pack up on the day. All the support helped bring this wonderful experience to our school. We also thank all the families for organising a white t-shirt for the day and for a huge fundraising effort. What a great school community we are all part of!**

### Selena

Last Friday at The Pines School we had a colour run. It was to raise money for our school and for our drama production *Jack and the Bean Stalk with a twist*.

Students had to bring a white t-shirt to wear so that you can see the colour on your clothes and also so colour wouldn't get on our school uniform. On the day all the students got colourful glasses and they also a colourful head band to wear.

When the students got to the oval, they all sat down and got instructions about where to walk and how to do the obstacles. Then they all got sprayed with coloured powder and water and did the obstacles.

Year 3 to 6 classes went to the oval for their colour run first. Once they were finished, the preschool to year 3 students had their turn.

I thought the day was exciting, and the best part was when you went around the oval and got more and more colourful and wet!

Miss Valley organised the colour run day and families had to register online to do their fundraising.

### Vansh

At our school we had a colour run. All the kids did laps of the oval while getting sprayed with water and coloured powder by the teachers and SSOs.

We could also engage in obstacles that were set up around the oval. Some of the obstacles that were around the oval were the big plungers, the tunnel and the balancing beam. I enjoyed doing the hurdles and the balancing beam the most and also enjoyed getting sprayed by the water pistols because I like getting wet. I liked the hurdles because I liked jumping over them and last of all I like the balancing beam because I love balancing.

### Mausam

Our newest Year 3 reporter, Mausam, interviewed Mrs Valley who had the huge job of organising the colour run this year. Mausam developed some questions to ask Mrs Valley and recorded the responses.

#### Mausam:

*Where did you get the idea to do the colour run?*

#### Mrs Valley:

I got the idea from the SRC (Student Representative Council).

#### Mausam:

*How did you feel when the colour run was happening?*

#### Mrs Valley:

I was very excited and happy to see everybody enjoying themselves.



*Mrs Valley and Mausam wearing colour run glasses and headbands*



# Student News Team

Mausam:

*How did you organise everything?*

Mrs Valley:

First I contacted Australian Fund Raising to get information about doing a colour run. Then I started sharing information on class dojo. I made a plan with some teachers to help organise the day. I got feedback from the SRC and they decided to create an obstacle course around the oval.

The day before the colour run, I got help from many students and staff to get all the equipment ready. We had to fill up lots of bottles with colour!

After recess on the day, lots of people helped to set everything up, ready for the run and by lunch everything was ready to go!

Mausam: *How do you feel about the colour run?*

Mrs Valley:

I thought it was a great event because almost every student participated. We were able to raise a lot of money for our school. I look forward to involving more of our community in future colour runs.

***Mausam shares what she thought of the colour run:***

I thought the colour run was amazing and really fun for everybody that participated.

My favourite part was the water guns because it was really hot on the day and everybody got to cool down. It was also really good for our school to raise money and make our school better.

## Colour Run Pictures





# Student News Team





# Student News Team



*At the end of the day,  
students held up big  
signs and revealed the  
amount we raised from  
our super fun colour  
run.*

*The amount raised was  
\$9,100!*





## School of Languages - Year 7 students

**Will your child be starting high school in 2023?**

Do they want to study a language, continuing or new, not offered at their zoned or chosen school?

School of Languages offers lessons in 22 different languages to Year 7 students at Government, Catholic and Independent schools.

Contact us now to discuss your child's language learning.



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08301 4800



**Government of South Australia**  
Department for Education



# COMMUNITY NEWS

## College Tours

Join us on a College Tour to discover how your daughter will find her place with us. Book now for Tuesday 31 May and 28 June!

Various scholarships are available to help girls reach their full potential. Applications for 2023 are now open, visit: [olsh.catholic.edu.au](http://olsh.catholic.edu.au)



# OLSH

OUR LADY OF THE SACRED HEART COLLEGE

A Girls Secondary Catholic College from Years 7 - 12  
496 Regency Road, Enfield SA 5085 | T: 8269 8800 | E: [registrar@olsh.catholic.edu.au](mailto:registrar@olsh.catholic.edu.au)

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## The Pines Preschool

## 2023 Preschool enrolments

If your child turns 4 before 1<sup>st</sup> May 2023, they are eligible for Preschool next year! Come to The Preschool to fill out a Registration of Interest form or email The Preschool at [cpc.info87@schools.sa.edu.au](mailto:cpc.info87@schools.sa.edu.au) for one to be emailed to you.

ثبت نام پیش دبستانی 2023

اگر کودک شما قبل از ماه ۱ مه 2023 چهار ساله را تمام کرده واجد شرایط پیش دبستانی می‌توانید بروید دبستان برای پر کردن فورم ثبت نام و از طریق یکی از آنها برای شما ایمیل شو و از طریق یکی از آنها برای شما ایمیل شود. [cpc.info87@schools.sa.edu.au](mailto:cpc.info87@schools.sa.edu.au)

2023 Đăng ký vào Trường Mẫu giáo  
Nếu con của quý vị lên 4 tuổi trước ngày 1 tháng Năm năm 2023, các em sẽ được nhận vào học ở trường Mẫu giáo năm tới.  
Xin đến trường để lấy form ( mẫu đăng ký), hoặc có thể gửi email qua địa chỉ này [cpc.info87@schools.sa.edu.au](mailto:cpc.info87@schools.sa.edu.au) để trường sẽ gửi form qua email cho quý vị